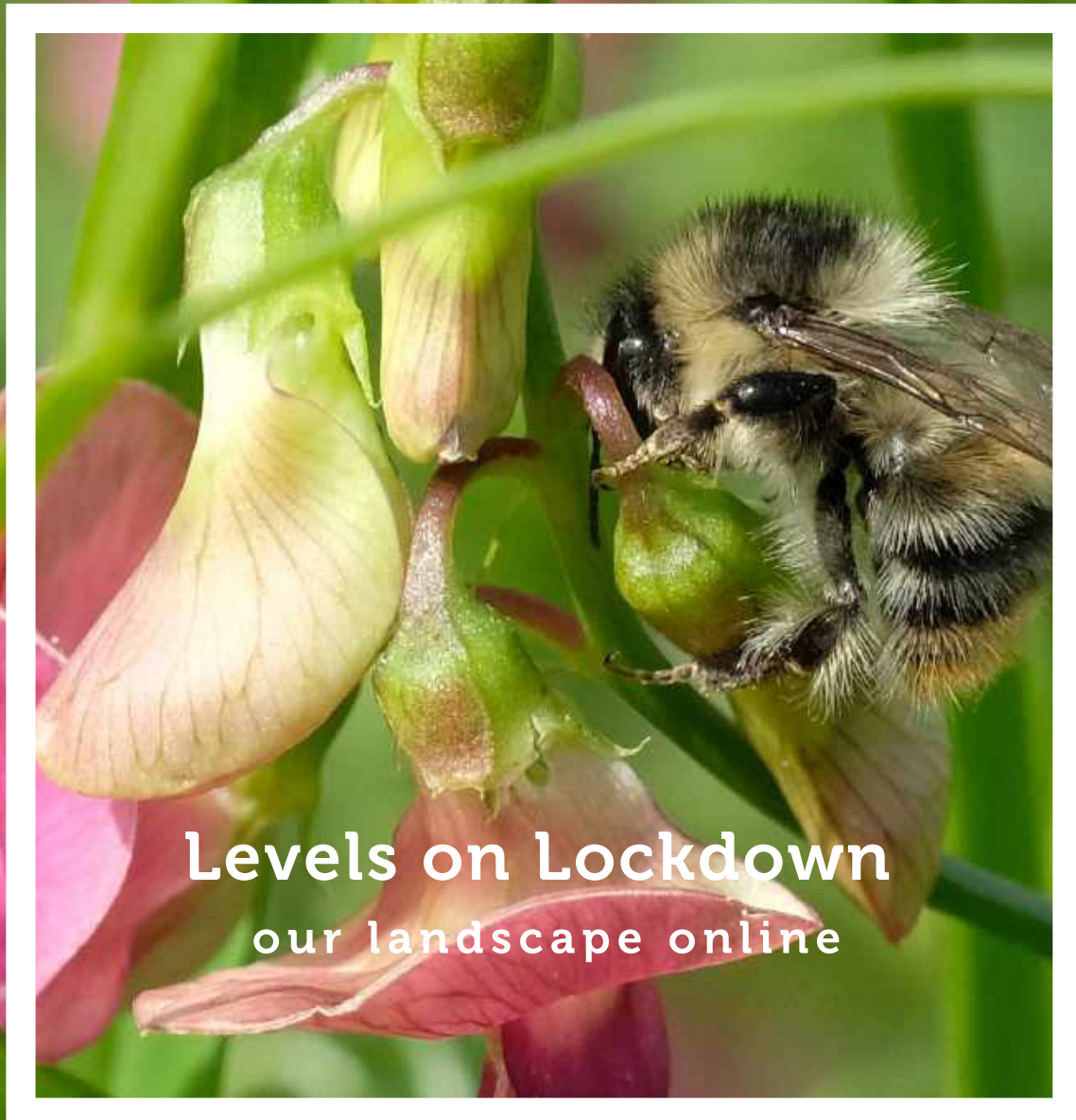


Living the Levels

The quarterly newsletter for the
Living Levels Landscape Partnership



Summer 2020

Levels on Lockdown
our landscape online

Bitterns and Bees Our invaluable volunteers Flower Power!

LIVING LEVELS ONLINE EVENTS

Wild Watch is back!

Wednesday October 14

10.30-12.00 13.00 – 14.30

Our popular Wild Watch training returns for another year!

Discover a variety of birds, mammals, amphibians, plants and fungi found on the Gwent Levels from the comfort of your home with this free online workshop brought to you in partnership with SEWBRc. (South East Wales Biodiversity Records Centre).

12 new hot Gwent Levels wildlife species for you to gain the confidence, skills and knowledge to survey and record!

Book your places on our events page at www.livinglevels.org.uk

Village life beyond the Levels: 1850-1920

Thursday October 15

11:00 - 12:30

Following a series of popular mini-talks at Glamorgan Archives in 2019, members of the RATS (Research and Transcription Service) will be giving three short illustrated digital presentations to showcase aspects of village life between 1850 and 1920.

These will focus on some of the less well-known places within the Living Levels Landscape Partnership area. The main settlements of Llanedeyrn, Coedkernew, Duffryn, Llanwern, Bishton, Wilcrick and Llandevenny developed beyond the low-lying land of the Gwent Levels, and each has a fascinating story to tell.

This event is once again being run with the support of Glamorgan Archives.





WELCOME!

Welcome to the latest edition of 'Living the Levels', bringing you up to date with the work of the National Lottery Heritage funded Living Levels Landscape Partnership for the Gwent Levels.

Four months have passed since our last edition and the world seems a very different place. There's been a significant shift in how people can engage with our projects and we're thrilled that so many have joined us online.

Read how our competitions, workshops, vlogs and unique performances by volunteers have helped us to keep in touch with you about the programme.

While we've been restricted to our homes, nature has arguably flourished and this is true of the Gwent Levels. Read about some significant fledging success stories at Newport Wetlands and a new national initiative to help save our iconic Gwent Levels bumblebee.

Our research volunteers continue to uncover more interesting stories and students from Coleg Gwent have championed the Levels through photography, film, performance and illustration from their homes during lockdown.

Now family exploration is possible, our [Memory Maps](#), available on our website, can help you safely enjoy some key destinations across the Levels.

Enjoy this edition, keep safe, keep healthy and keep checking-in!

THE BOYES IS BACK IN TOWN!

After a 12 month maternity break, we're delighted to welcome back Alison Boyes, Living Levels Programme Manager.

For those of you new to the programme, Alison was instrumental in the development of Living Levels, securing the National Lottery Heritage Funding needed to deliver our 24 different projects across the Gwent Levels.

Alison has kept in touch by attending many of our events with new baby son, Robin and is now undoubtedly looking forward to seeing you all again and guiding the programme through its next phase. Many thanks to Interim Programme Manager, Elinor Meloy for doing such a brilliant job of looking after us over the past 12 months!



COLOURING COMPETITION WINNERS

An iconic historical woodcut depicting the Great Flood of 1607, has been a conversation piece amongst all ages and a great incentive for people to unearth the facts about this often misunderstood chapter of Severn Estuary history. Children find it truly fascinating and are always hungry to find out more and we've certainly found it to be a very popular topic in any creative writing workshops, particularly with primary school pupils.

The 'Great Flood of 1607' colouring competition encouraged people of all ages to discover this famous episode of the Gwent Levels story. Entrants from under 8's to over 80's, could download the image from our 'Great Flood' page on the website and link into our brilliant schools learning resource.

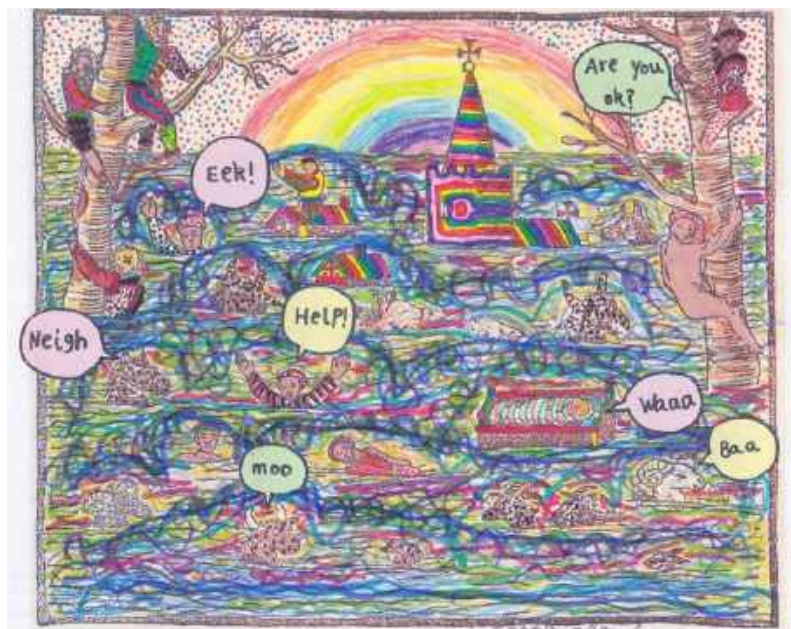
The judging panel included our Research project lead, 'Great Flood' expert and author of children's book 'The Day the Sea Came In' Rose Hewlett, volunteer Jim Turpy and Gavin Jones.

Thank you to everyone who entered and it goes without saying that the judges had a tough time in making their decisions.

Congratulations to all our winners!

- under 8: Cotty Vicary
- age 9 - 16 : Liliana Newsham
- age 17 - 100+ Connie Green

Visit our website to discover more about the '[Great Flood of 1607](#)' and why not read Rose Hewlett's 'The Day the Sea Came In'. Schools can also download our [Education Resource](#).



IMAGINING THE FUTURE OF THE WALES COAST PATH

As communities in Wales, like those around the world, are facing the reality of sea level rise and coastal erosion, local artist Alison Neighbour is delivering a creative research project entitled 'The (Future) Wales Coast Path'. Here she explains more.

The (Future) Wales Coast Path is about impermanence of land and the past, present, and possible future of our coastline and I am very interested in discovering what we might lose, what we might gain, and how we might adapt.

I explored the coast between Chepstow Castle and Newport Transporter Bridge in August and you can too, with a self-guided walk between the present and the future!

With a limited-edition book as your guide, get outdoors and experience the landscape from a new perspective. Document your responses as words, sounds, images, or objects and send them back to us to become part of a chronicle of this place.



Please email futurewalescoast@gmail.com if you'd like to be part of this project.

The (Future) Wales Coast Path is supported by National Theatre Wales www.nationaltheatrewales.org

Inspirations and ambitions for the project can be found at alisonneighbourdesign.com





MAGOR MARSH FLOWER POWER!

As travel restrictions ease, it's a great time to visit one of Living Levels' key hub sites on the Caldicot Level. Gwent Wildlife Trust's Senior Education Officer Kathy Barclay unlocks some of the summer secrets of [Magor Marsh](#) (images: Andy Karran)

One of the jewels in the Gwent Levels crown, Magor Marsh nature reserve, is looking really beautiful right now. I thought I would give you some interesting facts on some of the plants that you may spot if you are tempted to visit.

We have lots of Willow. This tree has been used for its wood (cricket bats!), wicker and charcoal. Its leaves and bark were used as long ago as the 5th Century for aches and pains because it contains salicylic acid – the main component of aspirin.

The butterflies and moths are attracted to the flowers of the hemp agrimony and it has been used for rheumatism, arthritis, liver problems and sores, as a laxative, emetic and diuretic.

Then there is Hemlock Water dropwort. Its roots may look like parsnips but if you eat them you will suffer an agonising death within three hours of eating it.

Woody nightshade or bittersweet is another poisonous plant but in small doses can be used to treat inflammation and rheumatism.

Lots of flower power here – but like the old cure used by the monks for indigestion (a handful of woodlice washed down with your mead), I don't recommend you try any of them out!

CREATING A BUZZ ABOUT OUR BEES!

The image of a bee has long been associated with Gwent and here on the Levels is home to a very special bumblebee – the Shrill Carder. In fact, we are only one of five locations in the UK where it exists. Sinead Lynch, Conservation Manager for [Bumblebee Conservation Trust](#) tells us about an exciting initiative to help this iconic species.

In July, "[A Conservation Strategy for the Shrill carder bee, *Bombus sylvarum* in England and Wales 2020-2030](#)" was launched, outlining the way forward to save our rarest bumblebee. Shrill carder bee populations are threatened by loss and fragmentation of habitat but we are very lucky that our landscape provides a fantastic environment to support a population. However, the small number of surviving populations makes the Shrill carder bee vulnerable to inbreeding and loss of genetic diversity, further increasing the risk of local extinctions.

It is believed that a population located on Salisbury Plain, has been lost in the last 10 years, leaving surviving pockets along the Thames Estuary, Somerset, Kenfig–Port Talbot, south Pembrokeshire and of course here on the Gwent Levels.



As a group we are aiming to collect scientific evidence on current Shrill carder bee populations, work with landowners to create a network of flower-rich landscapes and raise awareness amongst the wider public of the importance of this beautiful but threatened bumblebee.

The coalition includes the Bumblebee Conservation Trust, Buglife, the Bees, Wasps & Ants Recording Society, Cyfoeth Naturiol Cymru/Natural Resources Wales, the RSPB, and Natural England. You can read the strategy document [here](#).

Find out what Living Levels is doing to help this iconic species on the Gwent Levels through our '[Pollinating the Levels](#)' project by checking the website!



HELLO FROM TIN SHED THEATRE CO!

Newport's community theatre company have been supporting Living Levels from our very beginning and lead on our [Big Skies](#) Arts project, working with schools and colleges to create live theatre events at Gwent Levels venues including Newport Wetlands and Caldicot Castle.

Georgina Harris, Co-Director of [Tin Shed Theatre Co](#), raises the curtain on their upcoming plans:

It's been a strange few months for us all round as we try and traverse the many hurdles that Covid-19 has presented us. We've been pleased to move some of our work into the digital world and are currently gathering bits and bobs to make a digital engagement pack for our Big Skies project.

We're thinking and planning our 'Big Skies 3' event and whilst we're on hold for now, we're hoping to update you with lots of wonderful ideas and opportunities to get involved very soon.

In our down time we are still looking to grow our volunteer and community participation lists, so if you are keen to get involved in all things outdoor events, let us know. You can sign-up by emailing your name and contact details to tinshedtheatre@gmx.com.





'TOGETHER, APART: TALKING POETRY ON THE LEVELS'

Award-winning poet [Ben Ray](#) was faced with the challenge of leading a poetry workshop remotely with students from Coleg Gwent's [Level 2 Performing Arts](#) course. Here he describes a rewarding couple of sessions during lockdown.

Writing poetry is hard enough in a supportive group setting, let alone over a laptop alone in your bedroom. But the students of Coleg Gwent soon dropped any awkwardness or uncertainty in our workshop as we discussed what stories and performance meant to them, and how they felt when they shared their work with others. As performing arts students, these young adults knew the thrill of creating and sharing a message with others – working in a field where poetry is just another tool in that broad toolkit. "It sounds better when you read it out loud," one student remarked. "I didn't know poems could be funny!"

As the conversation moved to family stories and local events and how these can be explored through poems, the physical space between us seemed to shrink further and the Gwent Levels seemed to become almost an active participant in the debate.

We talked about local monuments remembering the former industry that had scarred the Gwent landscape, to the nature that makes these Levels so unique and to how our towns and cities are drastically changing with each generation.

These are stories that bring us together as individuals and as a community, not only ripe for poetic interpretation but also vital and necessary in these difficult, isolated times.

Ben and the students both contributed to our 'Sound Levels' series of on-line performances (see [Page 18](#)) which will soon be available on our website!





BY 'ROYAL' APPOINTMENT

Living Levels has always had a strong relationship with our local further education provider Coleg Gwent. Peter Britton, Senior Lecturer for the Foundation Degree in Photography, explains how the students' Gwent Levels project work recently received some 'Royal' attention.

On July 2, Coleg Gwent were given the opportunity to participate in an online discussion with the Royal Photographic Society (RPS) about the Living Levels project. Students on the foundation degree in photography have been involved in the project since 2017 and are helping to create a photographic collection documenting the life and times of the Gwent Levels.

The discussion allowed students Sarah Harley, Derek Thow and Gideon Way to showcase their projects and discuss their images in detail.

Led by Royal Photographic Society South Wales Coordinator Rhys Jones, the students work was reviewed by RPS members Simon Hill and Stewart Wall. Gavin Jones was present to discuss the Living Levels programme in more detail.

The discussion was very insightful and offered a wider audience an introduction to the project and the value of the heritage and landscape of the Gwent Levels area.

The students involved benefitted from professional critique and gave their own views on participating in the scheme, and it was great to hear the work being discussed in such a positive and appreciative manner.

Coming soon to our website - 'Coleg Gwent & Living Levels: Photography Illustration Exhibition' featuring the work of students from both courses.



PETERSTONE GOUT

The Research and Transcription Service (RATS) volunteers have been hard at work uncovering amazing archive information about the Gwent Levels from the safety of their homes. So, what sort of treasures have they uncovered? Volunteer Cath Davis reveals all about an important feature of the Wentlooge Level.

Half a mile east of the former church of St Peter in Peterstone Wentlooge, Peterstone Gout or Great Gout is an important and interesting landmark on the Wentlooge Level. Behind the golf course, a fresh water channel flows through the old harbour wall into a collecting lagoon before draining into the Severn Estuary via a tidal flap.

The Romans were the first to establish an outlet at this point some 1,700 years ago, and the gout remains the main drainage point of the Wentlooge Level. Using their engineering expertise, the Romans reclaimed the tidal salt marsh and transformed it into fertile grazing by building a sea wall and draining the land with ditches and reens.

This amazing engineering means that even today the Wentlooge Level is drained by gravity alone.

Fresh water from the bordering uplands and surrounding farmland flows through the flap at low tide. As the tide comes in, its force pushes the flap shut thereby stopping salt water flowing into the Level. Fresh water builds up temporarily in the watercourses behind while the tide is in.

As the tide recedes, the weight of the fresh water pushes the flap open thus allowing it to flow out into the Severn Estuary – a simple but effective process.



AND WE THOUGHT ZOOM WAS AN ICE LOLLY!

Getting to grips with online technology has been vital for keeping in touch with people and the same is true for the Living Levels programme. Rose Hewlett, co-ordinator of the Research and Transcription Service (RATS), explains how the volunteers got it 'licked'.



When we, the RATS, signed up for the Living Levels project, we expected to learn and enhance our skills in researching and writing up local history. Volunteering opened those doors, and a whole lot more besides. Although we miss the wonderful range of activities that Living Levels physically put on, the team have sustained us through lockdown with a brilliant and evolving website to which many of us have contributed articles.

Our trusty laptops, iPads, tablets and computers have served us well, and we ventured bravely online into the world of 'Zoom' in June, delighted to be seeing one another again. Our virtual sessions are a great success – another skill learnt.

We have worked more than 1,200 volunteer hours from April to June, a record achievement! We are looking forward to resuming our research at archives and libraries, and perhaps even having a celebratory ice lolly together!



YOUR BEST VIEWS OF THE GWENT LEVELS

Welsh Senedd member John Griffiths and Member of Parliament Jessica Morden are teaming up with the Living Levels Partnership to encourage people to share "Your Best Views of the Gwent Levels".

People of all ages can get involved by posting their pictures on Twitter and Facebook with the hashtag #DiscoverGwentLevels and by tagging Our Living Levels, John and Jess in their photos. They will then retweet and share your snaps from their accounts.

@ourlivinglevels
@JGriffithsLab
@jessicamordenmp



John said: "Over the last few months we have seen a greater appreciation of our environment and our green spaces. It's something I have found very noticeable when I have been out with my own family on walks around the Gwent Levels. It's also been great to see people of all ages wanting to learn more about the wildlife and environment around them."

Jessica added: "The Gwent Levels has an amazing history and a really unique beauty to it - that's why I am very proud to be the MP representing much of this area. The Living Levels team, John and I are really looking forward to sharing and retweeting your pictures so we can continue to show why we have some of the most beautiful countryside on our doorstep."

If you want to find out more about the initiative either e-mail andrew.bettridge@senedd.wales or Gavin.Jones@rspb.org.uk



LOCKDOWN IN THE HOUSE

Our visitor attractions on the Levels may have been operating with limited staff but thankfully with unlimited creativity, they have continued to engage people with these important landmarks. Jess Courtney, Visitor Experience Manager, explains how the National Trust team have been keeping an iconic mansion house ticking over.

During lockdown at Tredegar House a small (but mighty!) team have been continuing to carry out essential works across the site. This covers everything from checking freezer temperatures, to emptying dehumidifiers and battling pests in the mansion house, to looking after our garden and parkland.

The parkland at Tredegar House reopened on the 18th May and it has been great to see our local community getting out and about and enjoying nature!

Many scheduled events were sadly postponed or cancelled, but we have been keeping in touch with National Trust members and supporters online through our social media accounts and through the National Trust website. Here you'll find plenty to get involved with and ideas including gardening tips, and family activity sheets to download.

We have also been sharing and celebrating some of our stories and taking part in different events, albeit digitally this year. For National Meadows Day, we shared news of us leaving our grass to grow, creating habitats for wildlife to thrive. During Pride Month we showed our support and celebrated the huge contribution of our LGBTQ+ staff, volunteers and supporters. We have also been sharing snippets from the Archives.

@NTTredegarHouse www.nationaltrust.org.uk





FROM THE SEA WALL TO SYDNEY

Creatively adapting the 'face to face' event experience to an on-line setting still remains a challenge but what better way to experiment than with a creative writing workshop, using the Gwent Levels as inspiration? Community Engagement Officer Gavin Jones tells the tale.

Our postponed 'Writing the Levels' with writer Phil Owen, was originally scheduled to take place at Newport Wetlands in May. Therefore, having been denied the chance to 'wax lyrical amongst the waterfowl' we decided to deliver the workshop online via 'Zoom'.

Within minutes of posting on Eventbrite, we had a couple of bookings and within hours of hitting Social Media it was fully booked!

So on a Saturday afternoon in June, we both faced each other on-screen and waited nervously for people to join; it was glorious weather on a Saturday, so would people have even remembered?

To our relief, names popped up in the 'Waiting Room' and two became a full screen of eager participants.

You really couldn't have scripted it better (excuse the pun); people were not only from the area but also further afield in Wales and amazingly for two of our budding writers, it was 1am in the morning - in Australia!

Of course we would all love to meet up face to face on the Gwent Levels in the future but in the meantime, we're now meeting up monthly on-screen with the goal of publishing a collective work inspired by the landscape, on the Living Levels website.

If you're a budding writer and want to join our 'Writing the Levels' group please get in touch!



BITTERN'S RETURN IS SO SWEET

We all love a success story and here's one to really crow about! For the first time in over 200 years, one of the UK's most rare and threatened bird species has successfully bred on the Gwent Levels. Natural Resources Wales' Kevin Dupé, Reserve Manager for Newport Wetlands National Nature Reserve takes up the story.

To see bitterns nesting at the Wetlands is a truly wonderful sight, and a real achievement for those of us who have been involved in habitat conservation at the site for a long time. Chicks have fledged from two separate nests at the nature reserve managed by Natural Resources Wales (NRW) in partnership with RSPB Cymru and Newport City Council. .

As far as we know, there are no known records of bitterns breeding in south-east Wales ever! However, it's very likely that they bred on the Gwent Levels 300 hundred years ago, before more intensive drainage and when reedbeds were more widespread. Did you know that Newport Museum has four or five stuffed bitterns that were shot by Lord Tredegar himself, although we're not sure from where!

One of our female bitterns was seen repeatedly flying east to feed. There are reports of a bittern being seen a few times at Redwick so this shows the importance of the Gwent Levels as a whole to breeding bitterns, not just Newport Wetlands.

Other successes in the past few months for us on the reserve include our Marsh Harriers fledging three chicks again, which means they have fledged nine chicks now in four years!

Please note: The car park at Newport Wetlands has now reopened to visitors following closure due to Covid-19. NRW reminds visitors to take precautions and adhere to social distancing guidance at all times. For the latest on site closures please visit the [NRW](#) and [RSPB](#) websites.

Bittern images c. Darryl Spittle



ONE SITE THAT WASN'T CLOSED

Facing being stuck at home as any prospect of exploring the great outdoors faded, it was the perfect time to encourage people to explore the Living Levels website and everyone loves a competition!

Our 'Website Safari' launched with the tag-line 'This is one site that isn't closed', keeping people engaged with the programme and attracting new followers to both our social media and our project work.

'Website Safari' kicked-off with a question at 9am every Monday, with the chance to win some great Gwent Levels themed prizes.

These included group tickets to Tredegar House, a group walk over Newport Transporter Bridge, signed Gwent Levels books, vouchers for the cafés and shops at Newport Wetlands and Caldicot Castle plus the means to enjoy our landscape (when we can) such as nature kits, walking equipment, birdwatching guides and cycling gear.

Fiendishly, questions didn't always match the prize, however, all answers could be found by exploring our website.

Drawing of the winners was filmed by different members of the Living Levels team and they became more inventive every week.

Newport, Nash, Marshfield, Newbridge, Caerwent, Rudry and even Llandudno all produced winners, all happy to celebrate their prizes on social media and in turn encouraging others to enter. Pictured is winner Cath Horton-Shaw enjoying her prizes!

We even joined the 'Emoji quiz' craze creating two of our own featuring places and features found on the Gwent Levels.

See our [website](#) and social media channels for regular updates and more competitions!



WENTLOOGE FLY-TIPPERS PENALISED

Some of the activities for our ['Black Spots to Bright Spots'](#) project may have been put on hold but we're pleased to report two further enforcement results over the last few months. Fly-tipping Enforcement Officer Pam Jordan gives us the details.

Following a fly-tip in March of this year, involving rolls of carpet dumped on Outfall Lane in St Brides on the Wentlooge Level, the offender was identified and in May paid a £400 fly-tipping fixed penalty notice to Newport City Council.

In December 2018, 40 bags of household waste were found dumped over a 300m stretch on Heol Las Lane in Peterstone, again on the Wentlooge Level.

Following an investigation, it was found a local resident had employed the services of James Osborne who had been advertising a cheap rubbish removal service on Facebook. Although the advert had stated that a Waste Carrier licence was held, there was in fact no licence in place.

Delays in getting the prosecution case to court were caused by the suspect initially refusing to attend an interview and then failing to turn up to the first court date, resulting in a warrant issued for his arrest.

On 28th July this year, the case was finally heard in court and James Osborne, from Cardiff, pleaded guilty to offences of fly-tipping and fraud. He was given a conditional discharge for 2 years for each offence, ordered to pay £750 costs and £20 victim surcharge – a total of £770.



A dedicated band of poets, musicians, storytellers and friends of Living Levels have been volunteering their time recording unique, authentic performances for your entertainment - with fantastic results! Gavin Jones broadcasts the results.

From bedrooms, streets, gardens and stop-offs on daily exercise routes, our online 'Sound Levels' sessions launched with award-winning poet Ben Ray's 'Geese at Night'.

Violinist Katie Batchelor, followed with 'The Cuckoo's Nest', a traditional Welsh fiddle tune while volunteer Hannah Lewis recounted the fascinating 'Life on the Levels' transcript of 'Margaret the Zookeeper' and Jason the Lion.

Providing the perfect story-time distraction for lockdown families, Christine Watkins told her haunting Gwent Levels folk tale, 'The Whitson Hen Wife'.

'Sound Levels' has been so popular that more performers have come forward to volunteer their services, alongside more offerings from our original line-up.

Coleg Gwent student Fleur Cullinane performed her workshop piece 'The Divide' as part of #artsnewydd hour whilst local poet Nick Yeo used the Sea Wall as a stunning backdrop, to his very personal poem 'The Land'. Goldcliff also provided the inspiration for Llanwern Steelworker Sean Edwards' 'The Tide'.

'The Boar Hunt' and 'The Feast' from children's book 'The Boar with the Apples on his Tusks' read by author Jennifer Foster, provided more story-time joy and along with his accordion, musician Guto Dafis performed a traditional South Wales 'Ox-ploughing' song.

Look out for other performances including Erica Grant reading a rousing 'Life on the Levels' transcript, Performing Arts student Jarred Burgess with an industry inspired poem, Angharad Jones reading 'The Boar with Apples on his Tusks' in Welsh, plus further contributions from Katie Batchelor, Christine Watkins, Hannah Lewis, Nick Yeo and Ben Ray!

BID FOR A UNIQUE GWENT LEVELS EXPERIENCE!

How would you like a guided tour of the Gwent Levels foreshore, discovering some of the archaeological treasures with expert and TV favourite Professor Martin Bell of Reading University? Now's your chance by bidding in the [Gwent High Sheriff's Big Auction of Promises 2020](#).

Goldcliff, on the Severn Estuary, has revealed some of the richest finds in the UK for archaeologists. Many will have heard of the Mesolithic footprints in the mud revealing evidence of human life many thousands of years ago during the Stone Age.

Discovered in 1986, the footprints have since been studied by the University of Reading and Martin has offered to take a party of up to four people on a visit to discover this part of our local history.

TV favourite on programmes such as 'Coast', 'Time Team' and 'Countryfile', Professor Bell is an engaging guide 'out on the mud' for those lucky enough to be with him – which could be you!



This fantastic opportunity in aid of a great cause is listed as LOT 43_ – bidding is now OPEN and closes at 5pm on September 14th 2020.

Email bids to:
highsheriffofgwent202021@gmail.com

All proceeds from this auction will go to voluntary community groups around Gwent struggling to survive Covid-19.

Please note visits can only take place at low Spring tides when restrictions allow.





Illustration by Alisha Davis

HELP SPREAD THE WORD

If you think of someone, or a group of people, who might be interested in finding out more about Living Levels and getting involved, please do pass this newsletter on or recommend our website www.livinglevels.org.uk

CONTACT US

We'd love to hear from you!

If you've any questions about the programme or getting involved, drop us a line on:
info@livinglevels.org.uk or call us on: 01633 292982

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